

CHRISTOPHER MAJOR

590 West End Avenue #3E, New York, NY 10024
H: (212) 595-7241 • C: (917) 589-6045 • E: chris@chmajor.com

Education

Mount Mary University, Milwaukee WI 2013-Present
Doctoral Candidate, Art Therapy

New York University, New York, NY 2011
Masters Degree, Art Therapy
21st Century Scholarship: 2 Years

Maryland Institute, College of Art, Baltimore, MD 1988
Bachelors Degree, General Fine Art: Painting, drawing, sculpture, ceramics, printmaking, film.

Work Experience

Payne Whitney Psychiatric Clinic, New York, NY 2012 - Present
Psychiatric Psychosocial Therapist: Plan and conduct therapeutic art groups and treat individual patients in a psychiatric inpatient setting. Focus on mood, psychotic and personality disorders in adult and adolescent patients. Make routine clinical assessments and enter data into patient records. Work directly with physicians to develop art-based behavior analysis assessment tools and increase psychodynamic efficacy of creative arts therapy services.

The Animation Project, New York, NY 2011 - 2013
Creative Art Therapist: Plan and conduct art therapy groups with adolescent felons in New York Department of Probation facilities, using computer graphics, 3-D modeling and animation techniques. Coordinate with probation officers and social workers to meet the psychosocial rehabilitation needs of individual clients. Issues of PTSD, acute/chronic trauma, anxiety, impulsivity, goal setting are addressed.

East End Hospice, Westhampton, NY 2012-2013
Art Therapy Coordinator: Served as Art Therapy Team Leader at Camp Good Grief, providing services children with traumatic grief, ranging in age from six to seventeen years. Coordinated a team of five art therapy interns. Created and implemented logistical and scheduling plans. Communicated clinical issues to the Art Therapy Supervisor and senior clinical staff. Conducted individual therapy sessions on an as-needed basis.

CHMajor Group, New York, NY 1996 - 2013
President: Principal of a firm designing identity, corporate & marketing graphics and consulting for clients such as Disney, AOL, UNICEF, Rockefeller Center, Hilton, Boeing, NYC Ballet, Madison Square Garden, the People's Republic of China and others. See: www.chmajor.com.

Pantomonium Productions, New York, NY 2004 - Present
Co-founder, board member and Creative Director of a 501(c)3 community theater company: Produced annual shows for disadvantaged children & families. Directed summer arts residency programs for children in neighborhood centers featuring creative writing, music, drama and visual art. See: www.pantomonium.org.

Grosvenor Neighborhood Center, New York 2002
Creative Program Consultant: Initiated and taught a communications program wherein children wrote stories about their community, took photographs and learned how to desktop-publish their work as a newsletter.

Radio City Music Hall, New York, NY 1989 - 1995
Creative Director: Led in-house design department. Supervised design and creation of all identity, advertising & marketing graphics for entertainment properties, created stage design for theatrical productions and built Radio City's first web site. Supervised a department of four employees with a budget of \$800k.

Internship Experience

- Payne Whitney Psychiatric Clinic**, New York, NY 2010 - 2011
Plan and conduct therapeutic art groups and treat individual patients in a psychiatric inpatient setting. Focus on mood, psychotic and personality disorders in adult and adolescent patients. Make routine clinical assessments and enter data into patient records. Work directly with physicians to develop art-based behavior analysis assessment tools and increase psychodynamic efficacy of creative arts therapy services.
- East End Hospice**, Westhampton, NY 2010 – 2011
Conducted daily Art Therapy group sessions at Camp Good Grief with grieving children, ranging in age from six to sixteen years. Specific challenges pertaining to traumatic grief were addressed.
- Columbia Presbyterian Hospital**, New York, NY 2010
Co-lead group Creative Art Therapy sessions for middle-school age at-risk youth, using the *Caring at Columbia* Psycho-Educational Model. Safety-seeking and coping strategies were emphasized.
- Casa Repousada St. Clara**, Salvador, Brazil 2010
Worked with fellow interns to configure and initiate creative art therapy program for resident, low-SES female geriatric population. Movement and music therapy modalities were incorporated, and cross-cultural issues and linguistic barriers were taken into consideration.
- Harlem Dowling West Side Center**, New York, NY 2009
Facilitated art groups for adolescents in foster care. Therapeutic foci included trauma, anxiety, depression, and coping with psychosocial stressors. A hybrid model of supportive life-coaching and in-the-moment psychodynamic therapy was employed with young adults transitioning out of the foster system.
- Room to Grow**, New York, NY 2009
Lead art groups for Haitian single mothers suffering from loss trauma. Cultural, religious and linguistic factors were considered.
- Hudson Guild Children’s Center**, New York, NY 2009 - 2010
Facilitated large groups, small groups and treated individual pre-school children using creative arts modalities. Designed and implemented special group processes for clients with anxiety, trauma and behavior disorders.
- Lincoln Square Neighborhood Center**, New York, NY 2004 - 2008
Facilitated art, creative writing and drama groups with middle-school age children. Designed and implemented interventions for children with anxiety, trauma, social and behavioral issues.

Conferences and Presentations

- Association for the Advancement of Educational Research National Conference, Miami, FL 2009
Invited to present symposium: “Methods and Mechanisms of Art Therapy”
Attended by educators, researchers and therapists.
- Gallatin School, New York University, New York, NY 2010
Invited to present symposium: “Methods and Mechanisms of Art Therapy”
Attended by students and faculty of the Gallatin School.
- Payne Whitney Clinic, New York, NY 2011
In-Service Presentation "Treatment of Psychosis and Mood Disorders Using Art Therapy Methods"
Attended by resident and attending physicians, unit chiefs, nurses and allied health workers
- Payne Whitney Clinic, New York, NY 2012
In-Service Presentation "Mentalization Based Treatment of Psychosis and Mood Disorders."
Attended by resident and attending physicians, unit chiefs, nurses and allied health workers

Research Activities and Publications

Goodman, R. F., Miller, D., Cohen, J. A. & Major, C. H. (2011). *Ready to Remember: Jeremy's Journey of Hope and Healing*. Los Angeles, CA & Durham, NC: SAMHSA/National Center for Child Traumatic Stress.

Goodman, R. F., Miller, D., Cohen, J. A. & Major, C. H. (2015). *Rosie remembers Mommy: Forever in her heart*. Los Angeles, CA & Durham, NC: SAMHSA/National Center for Child Traumatic Stress.

Consumerism in the Psychiatric Inpatient Milieu. In Progress
Co-Author: Michael H. Sachs, MD.

Patient Narrative and Interpersonal Dynamics in Psychiatric Inpatient Treatment. In Progress
Doctoral Dissertation.

Correlation of Achromatopsia with Hedonia and Richness of Experience. In Progress
Wrote research proposal, configured experimental protocol and wrote IRB proposal.
Principle investigator: Samuel Juni, PhD, New York University.

Credentials

New York State Licensed Creative Art Therapist

Board Certified Art Therapist

Certified Practitioner of Mentalization Based Therapy; British Psychoanalytic Council

Additional Qualifications

Narrative Medicine Workshop, Columbia University, College of Physicians Surgeons 2014

CITI Responsible Conduct of Research for Social & Behavioral Research 2014

Certified Practitioner, Advanced Training in Mentalization Based Treatment, McLean Hospital 2013

Certificate, Pediatric CBT from Mass General Hospital 2012

Anxiety & Stress Course, Harvard Medical School Department of Continuing Education 2012

Certified New York State Mandated Reporter of Child Abuse/Neglect 2010

Addl. Language

French